

Simultaneous Lives

"Having a good time, wish I was there!"

- Unknown -

There are some possible consequences if our lives are a matter of a spiritual self that is somehow driving a physical body in this experience we call reality. One of the possible consequences is that of reincarnation, or living here multiple times. Another consequence is not quite so obvious.

There is no particular reason for time in a spiritual realm or other dimension to flow in the same way that it does here in what we consider to be reality. In fact, rather the opposite is more likely. Here in reality our perceptions seem to be embedded in the dimension that we call time. Barring the use of a time traveling DeLorean, we can neither proceed forward faster than the march of time, nor can we paddle upstream into the past. However, if we believe the various descriptions of the spiritual realm, spirits don't seem to be constrained in the same way. Often supreme spiritual beings are described as being present before the beginning of time or continuing to be present after the end of time whatever that might mean. Of course it would be easy to achieve this if you can move through time as we would move through water. That is, if time is no different than any other dimension (i.e., height, width, depth) then a spiritual being can traverse it as easily as we might walk down the block.

A fundamental principle of reincarnation is that our spiritual self continues to exist after we die, continues to have experiences in the spiritual realm, and eventually returns to life here once again as yet another person. Typically the spiritual self returns to a later period in the flow of time here, but that doesn't appear to be an absolute mandate. It probably makes sense that our spiritual self would choose a later period in which to reincarnate. After all, perhaps we have experienced everything we want or need to experience in the particular time in which we were here last. However, assuming the spiritual realm is not time-bound as we are here, there is no reason that a spirit has to choose its next life to follow its previous life in time.

Just as we might be interested in historical periods that we have not directly experienced, the same may be true of our spiritual self. While having experienced WWII our spiritual self may realize that there is something to be learned by experiencing the U.S. Civil War if we have happened to have skipped that period previously. This puts one in mind of the Quantum Leap television series in which Sam Beckett (played by Scott Bakula) bounces from life to life in various time periods while correcting problems as well learning much about life in the process.

This leads to a couple of interesting questions. First, if we reincarnate, what does that mean in relation to those who "communicate with the dead?"

Communication with those who have "crossed over" is a staple of the paranormal world. There are those who do this quite commonly and seem rather successful at it. Of course some will note that communication with the dead can be faked by knowing what questions to ask, by doing a little background research, or just having a talent for reading people. Nevertheless, if communication with the dead is a reality, how might this take place if the dead are busy being

reincarnated? If you try to communicate with a reincarnated spirit do you get the equivalent of a spiritual busy signal?

Without really trying to do so, this was touched upon by the movie “Star Trek Generations.” This was the movie that revolved around Dr. Soran's attempt to return to the Nexus where he can live a blissful life. During the course of the movie Captain Picard meets the ships bartender Guinan in the Nexus although she is also outside of the Nexus on the Enterprise. Some how she exists both inside this non-corporeal realm where anything is possible while simultaneously existing outside of it on the Enterprise. This is because time in the Nexus has no meaning in relation to time outside of the Nexus. Sound familiar?

Captains Picard and Kirk then leave the Nexus to defeat Soran and save a star system, but it's never revealed how they leave nor whether they now also lead something of a double life as Guinan does (both inside and outside of the Nexus). Subsequently, when Kirk dies, one is left to wonder if being dead in this reality means he is simply back in the Nexus where he is still chopping wood, riding horses, and spending time with his wife. Are we potentially in the same situation where there is always a part of us that is “crossed over” and available to talk with those who are trying to reach us for the loved ones from whom we have become separated? If so we can always answer the spiritual phone even while we are back here experiencing yet another life. That in turn leads to another interesting question.

Can our spiritual self experience multiple simultaneous lives in what we term reality?

It would appear that there is nothing to prevent it, and there is even evidence supporting this possibility. One intriguing piece of evidence is the memory of something that never seems to have actually happened in our present reality. This is something that we may attribute to having had a dream except for the fact that we tend to forget our dreams. Adam Stanislav wrote the following in 2003.

“Many years later, I moved to a place near the mountains. I got a beautiful apartment with the perfect view. The next day I got another apartment. Then, about two months later, I remembered the beautiful first apartment and that I had my things in it, but never paid any rent nor did I cancel my lease. Then I realized, wait a minute! Where is that apartment with a view? I was living in a new place but there were no mountains within hundreds of miles. I definitely did not rent out that beautiful apartment with a view. I had never been anywhere near such an apartment. I realized it had to be a dream.”

Adam goes on to explain that his “memory” of the other apartment was not like a dream, however, and was very much like a memory except that it made no logical sense. He had the memory of renting an apartment with very specific details except that he never lived in that apartment. It was also clearly a present day situation and was not anything he could attribute to a past life either. What makes more sense would be that a real occurrence essentially leaked from one present life to another via his higher spiritual self.

Sometimes the evidence is nothing more than a subjective feeling when meeting someone as noted by a poster to a forum.

“Seeing another version of yourself is pretty creepy - it's almost like looking at an empty shell of a human being (like an automaton of some sort) and knowing that behind the emptiness is actually another 'you' and then you realize they're seeing the same exact thing when they look at you...and suddenly it becomes all too clear that you're really just an empty shell that's being puppeteered from somewhere else all together, as opposed to residing solely in the body that you've always considered your defining characteristic of self.”

At times there can be a rather direct communication regarding what is happening with a separate simultaneous life. The following was written by Jananda Korsholm.

“Finally, one morning a couple of months ago I suddenly "came back" to my body and had a wonderful feeling in my consciousness. It was a feeling I had never experienced before, a sort of deliverance and release; I was simply happy. Upon questioning my guidance, the answer came clearly into my mind: "He is dead!" "Who is dead?" It came very powerfully: "Your simultaneous life on this planet is finally finished with his life. His assignment is accomplished! You do not have to drag him up from his pit. Through these years you have been a source for upliftment and encouragement for that part of our consciousness. It was his choice to create a difficult life so he could go through the Fire Initiation in one lifetime.”

So, whether we are living multiple simultaneous lives, or just one, we can only hope that our higher self is up to the task and that we live a life that is commendable in the final analysis.